



HOMOEOGLEANINGS

QUARTERLY MEDICAL BULLETIN

EDITORIAL BOARD : Dr. Keval Soni Dr. Rita Mandal Dr. Rahul Gangapure

**Published by - Shree Mahalaxmiji Mahila Homoeopathic Medical College,
B/s Gujarat Tractor, Vadodra-390011.**

Ph. 7573008722/23/24/25/26/27/28/29/31/36/37/38 Telefax : 0265-2322617

Website : www.smmhmc.ac.in

Affiliated to : Maharaja Krishnakumarsinhji Bhavnagar University Recognised by : C.C.H. and Govt. of Gujarat



Patron
Dr. Keval Soni
(President, SMMHMC)
Mob.: 9879548770



Principal
Dr. Mahesh Khamar



Academic Incharge
Dr. Rahul Gangapure



Editor
Dr. Gaurav Sharma
Dept. of Materia Medica

Season's greetings to one and all. The withdrawal of the monsoon signifies the beginning of the season of festivities. This is the season when everyone is excited about the festivals which are about to begin .Freshness is in environment and greenery all around. This is also the season of anxiety among Parents seeking admission for their children.

This year monsoon was deficient in our state. This may lead to a serious water scarcity in the latter part of the year. We can overcome a part of that problem by using the water sparingly and responsibly. Save water campaign needs to be carried out all over.

So with a hope and sincere wishes that the coming season of festivities bring a lot of joy ,health and wealth to all of us we bring you this fresh new Issue of our bulletin which is full of information with a Sprinkle of entertainment.

- Editor

Dr. Gaurav Sharma



Dr Heena Shah

Associate Professor

OBESITY AND PREGNANCY



Obesity as an abnormal growth of adipose tissue due to an enlargement of fat cell size fat cell number or both

Obesity is also expressed by bmi

BMI = weight/height

BMI more than 30kg/m² mean overweight half of female population over weight

Overweight women are more likely to suffer from infertility and lower chances of success with ivf/iui/icsi

Women during pregnancy weighing over 90 kg may be labeled as obese

Obese women have more chances of pregnancy complication to develop like gdm ,macrosomia ,pre eclampsia and also missed abortion cardio vascular complication ,thromboembolism perinatal mortality .

Risk during conduction of operative delivery

Risk of anaesthesia is also higher

During puerperium failure of lactation venous thrombosis embolism higher



Ms Gayatri Yadav

2nd BHMS

EK SHAKHS

Ek Shakhs hai jo mere khwab sajaye,
Kabhi ro bhi du na, to khud toot jaye,
Kabhi has du to aur khushiyan de jaye,
Kami mehsus karu , uske pehle hi rubaru ho jaye,
Hai ek sakhs jo aksar mere sare gum pee jaye ,
Khwab toote to unhe umeedo se jodhke laye,
Umeed toote to naye raste bataye,
Raasta bhulu to ek mod par khada hoke manjil yaad karaye,
Hai ek sakhs jo mere sare khwabo ki jeemedari uthaye.

Har pal apna mere naam karke bhi, ek pal na ehsaan jataye,
Galti karke bhi ruthu to bhi mujhe gale se lagaye,
Jab kabhi ladhkhadu to koi ho na ho vo hath thame har kadam sath nibhaye,
Ek shakhs sach mai hai aisa, jo chura chura k sari khushiyon ki lakir mere hatho mai sajaye,

Jo mujhe udnaa sikhaye,
Ladna shikhaye,
Gir k uthna sikhaye,
Bhikhar jau to simatna shikhaye,
Fisal jaun to sambhalna shikhaye,

Aankhe num hote hi hasake jaye,
Kabhi acchi to kabhi buri,
Kabhi sacchi to kabhi jhoothi,
Kabhi bholi to kabhi hoshiyaar,
Har rup mai mujhe apnaaye
Sach mai keh rahi hu , hai aisi ek sakhsiyat jo mere "PAA" kehlaye
Hai meri "MAA" jo mujhe har haal main gale lagaye.....



Dr Purnima Patel

Associate Professor

Rare Remedies

- 1) Streptococcus Infection – Ailanthus Glandulosa
- 2) Useful after operations on the eyes and teeth – Alumen
- 3) Irritable feeling in finger nails better by biting it – Ammonium Brom.
- 4) Convulsions immediately after delivery – Amyl Nitrosum
- 5) Desire for alcoholic drinks – Asaram Europum.
- 6) Workmen develop hard places in their hands with cracks – Cistus.
- 7) Recurrent tonsillitis with rheumatism – Guaicum
- 8) Limits the duration of mumps – Jaborandi
- 9) Crops of styes – Lappa.
- 10) Valuable for Boys and girls whose voices are changing – Manganum.
- 11) Flatus is passed continuously while walking – Myrica cerifera
- 12) Palliative in tubercular Laryngitis – Inula
- 13) It is an enemy to every kind of worm infesting the human body – Chelone
- 14) Chemosis and Pterygium have been cured with it – Guarea.
- 15) Best tonic for debility after exhausting diseases – Avena sativa
- 16) Best tonic after exhausting fever – Alstonia Scholaris.
- 17) Acts as a tonic to digestive functions and in early Tuberculosis – Vanadium.
- 18) Explosive Headache of school teachers with frequent urination – Scutellaria Lateriflora.
- 19) Nervous headache esp. in women <mental & physical exertion , shopping, when deviating from ordinary pursuits, preceded by hunger – Epiphagus.
- 20) Cock's gait when walking, lifts feet higher than usual & puts down heel hard – Heloderma
- 21) Must put arms on thighs, when coughing – Niccolum
- 22) Anaphylactic states produced by proteins and enzymes – Torula
- 23) Last stage of Cancer to ease pain – Echinacea
- 24) Act as a tonic to ease appetite – Gentiana Lutea
- 25) Lowers systolic and diastolic pressure – Spartium Scoparium.



Dr Jigar Bhavsar

Associate Professor(Guest)

Swine Flu

Introduction:

It is a highly contagious respiratory disease caused by Influenza virus H1N1 type
Its outbreak started from 2009-2010 in India

Transmission:

Influenza virus from swine to Human transmitted through – Aerosol inhalation
Contact of infected Pigs
Contact of infected humans

Incubation Period:

7-10 days

Clinical presentation:

Symptoms similar to seasonal Influenza like fever, cough, sore throat, bodyache, headache, chills & fatigue, vomiting & diarrhea.

In severe cases Breathlessness, High grade fever, altered sensorium & seizures may be experienced.

Investigation:

- 1) History – of onset, travelling and contact history must be explored thoroughly.
- 2) Blood Investigation: May show Neutropenia and Thrombocytopenia.
- 3) Chest X-Ray: Bilateral Opacity and changes of ARDS may be seen.
- 4) Throat swab: For H1N1 antigen detection.
- 5) Arterial blood gas analysis: for changes of ARDS.

Treatment:

Supportive treatment & bed rest

Oral intake should be increased for hydration or I V fluids in hospitalized patients

Anti pyretics and Antiviral drugs for treatment and prophylaxis

Oxygen support , Bipap or Invasive Ventilation in cases of breathlessness as per severity.

Prevention:

- 1) Educate Community by the means of a Health care person or in News paper, Television & Radio.
- 2) In cases of Outbreak Face mask (N 95 must), for the patient & who are working with the patient or contact.
- 3) Vaccination.



Dr Charmi Thakkar

Assistant Professor

THE REPERTORY OF MIASM BY DR. R P PATEL – AN INTRODUCTION

Yes, this is the only repertory where in front of particular rubric , the miasm under which that rubric belong to is written and not the list of drugs of Materia Medica under which that particular rubric belongs to. The author has done the tedious job of classifying each symptom of Kent repertory to which miasm it belongs to and the best part is he has given the exact reference in each rubric the source information about classifying the miasm of that rubric, which makes this work most authentic and genius.

Full name of the book is “Chronic miasm in Homoeopathy and their cure with classification of their rubrics/symptoms in Dr. Kent repertory (Repertory of Miasm) By Dr. R P Patel.

CONTENT: Total 8 chapters

1. Preface
2. Introduction to chronic miasms
3. Psora and the miasm of Psora.
4. Sycosis and the miasm of Sycosis.
5. Syphilis and the miasm of Syphilis.
6. Human relationship and chronic miasms.
7. Cases and comments on miasmatic repertorisation.
8. Miasmatic classification of rubrics/symptoms in Dr. Kent’s repertory(6th Edition, corrected and revised by Dr. R P Patel)

For working on this repertory, the physician or student has to write miasm against each symptom and give one mark and at end, one has to calculate marks obtained by each miasm.

ADVANTAGE:

1. To know which miasm is predominant in a case.
2. What miasmatic treatment to be given to follow a complete and perfect cure.
3. This repertory can be very helpful to students and beginners to diagnose the miasm of the case.

LIMITATION:

1. Miasm are not mentioned in many rubrics.
2. This repertory is not useful for systemic repertorisation.

EVENTS

15.08.2018

72nd Independence Day was celebrated with much aplomb in SMMHMC campus with Patriotic Fervour in presence of The President Dr Keval Soni.



16.08.2018 to 10.09.2018

Whole day Free Homoeopathic camps were organized by SMMHMC & H from 16.08.2018 to 10.09.2018 at Swamiji ashram near Stambheswar Mahadev Mandir Kavi kamboi as a part of social service in the pious month of "SHRAWAN" for the visiting devotees and local residents of Kavi Kamboi area. Post the SHRAWAN month, also a team of doctors, Internees and medical students of 4th BHMS visit Kavi Kamboi every Saturday to give free medical services.



28.08.2018

Students participating in 'College Ke Tashanbaaz', An inter-college Talent Hunt programme organised by 93.5 Red FM in SMMHMC Campus on 28th August 2018.



30.08.2018

Doctors & Interns of SMMHMC dispensed free Homoeopathic medicines during camps organised by VMSS in collaboration with SMMHMC at Rajaram nagar, Parshuram Bhatta, Kotak talavdi Manjalpur Vadodara & Swamivivekanand vidhyalay opp ESI GIDC colony Manjalpur Vadodara on 30th August 2018. These camps were among the numerous camps organized in the memory of Former Prime Minister of India Late Shri Atalbihari Vajpayeeji.



September.2018

Our Staff member Dr Arpita Chatterjee conducted various medical camps in the flood affected areas of Kerala during the first week of September



10.09.2018
4th Yr (Old Course) Celebrated "TIRANGA DAY"



11.09.2018
4th YR (OLD COURSE) CELEBRATED "PROFESSIONAL DAY"



12.09.2018
4th YR (OLD COURSE) CELEBRATED "PEACE DAY"



13.09.2018

The exhilarating 'Ganapati Festival' celebrations began in SMMHMC on pious occasion of 'Ganesh Chaturthi', with 'Ganesh Sthapana' in college Hostel.



14/09/2018

4th YR (OLD COURSE) CELEBRATED "TRADITIONAL DAY "@ SMMHMC CAMPUS



15/09/2018

SMMHMC HOSTEL STUDENTS & WARDEN ARRANGED "CHHAPAN BHOG" FOR LORD GANESH @ HOSTEL



4th YR (OLD COURSE) STUDENTS CELEBRATED "GROUP DAY"



17/09/2018

President Of SMMHMC Dr Keval Soni Felicited newly appointed In-charge Vice Chancellor Dr Girish Patel sir at Maharaja Krishnakumarsinhji Bhavnagar University, Bhavnagar Gujarat



4th YR (OLD COURSE) CELEBRATED "TURBAN DAY " IN SMMHMC CAMPUS



19/09/2018

The 'Ganesh Festivities' concluded in the SMMHMC with the ritual of 'Ganesh Visarjan' which was conducted in SMMHMC Campus



THIRD B.H.M.S. (NEW COURSE) 2017-18
JULY-AUGUST 2018 RANKERS



DEDHAROTIYA BASHARATFATEMA
College - First, University - Second
68.42%



KOSIYA HAZMANA
College - Second, University - Sixth
65.67%



PATEL POOJABEN
College - Third University - Seventh
65.58%



Published by:-
Shree Mahalaxmiji Mahila Homoeopathic Medical College & Hospital
B/s Gujarat Tractor, Vadodara-390011.
Phone : 7573008722/23/24/25/26/27/28/29/31/36/37/38 Telefax : 0265 2322617
Website : www.smmhmc.ac.in

TO